## <u>פרקטיקום בפסיכופתולוגיה 60425-01</u>

## תאור הקורס:

The primary goal of the course is to provide participants with first-hand knowledge of the development, implementation, and write-up of an independent research project. This year we will examine the relationship between social anxiety and affective, cognitive, and expressive reactions to the experiences of change in social status.

Social Anxiety Disorder (SAD) is characterized by "a marked and persistent fear of one or more social or performance situations in which the person is exposed to unfamiliar people or possible scrutiny by others" (DSM-IV). Socially anxious individuals are agonized by the potential risk of performing inadequately or showing overt signs of nervousness with resultant embarrassment or humiliation. Cognitive theories of social anxiety highlight the importance of viewing oneself from an observer's perspective ("social objectification") as the core of the disorder (e.g., Clark McManus, 2002; Rapee & Heimberg, 1997). At a clinical level, social anxiety has deleterious impact on individuals' subjective well-being as well their interpersonal lives (Alden & Taylor, 2004).

In the present course we will explore the links between social anxiety and basic cognitive and social processes using a variety of approaches. Each of you is invited to join one of the projects listed below or to come up with the own project in this general area. The final "product" of this course a scientific paper (in APA style) describing the theory, methodology, results and discussion of your research idea. The proposal will (1) review the relevant literature (2) propose a specific and testable research question; (3) explain why the research question is important and why the results of the research are significant for the advancement of knowledge in the field and (4) describe the methods used to address this question; (5) present the results of your findings using statistical methods; and (6) present a discussion about the implications and limitations of your findings.

Deadline	% of Grade	Evaluation for Semesters 1 & 2
All year	15	Attendance, participation, contributions
See schedule	15	Presentation of Project Design
See schedule	15	Write-up: Intro, Method, hypotheses
See schedule	15	Presentation of Project Results
See schedule	40	Final Project Paper

**NOTE:** For *every day of delay* in submission of any of the projects (i.e., project design, results, draft, final paper) <u>2 points</u> will be deducted from the grade of the appropriate assignment.

ignments Format Activ	ty <b>Date</b>
o meeting Start of the year Ev	nt 25.10
o meeting Rabin Aze	et 1.11
ad Papers Group Social exclusion and Social Anxi	ty 8.11
ad Papers Group On-line Stud	es 15.11
lect Topic Individual Selection of project to	ic 22.11
t (1 page) Individual Selection of project to	ic 20.11
ore papers Individual Progress Update and Discuss	on 29.11
Materials Individual Progress Update and Discuss	on 6.12
Materials Individual Progress Update and Discuss	on 13.12
roduction Group Running the study: Check	st 20.12
xperiment Individual Progress Update and Discuss	on 27.12
periments Individual Progress Update and Discuss	on 3.1
periments Individual Progress Update and Discuss	on 10.1
12 slides) Group Progress Update and Discuss	on 17.1
10 pages) Group OR Individual Progress Update and Discuss	on 24.1
Semester Bro	ak 31.1
Semester Bro	ak 7.2
Semester Bro	ak 14.2
Semester Bro	ak 28.2
2-3 slides) Group Update on project progr	ss 7.3
collection Individual Progress Update and Discuss	on 14.3
Completed Individual Progress Update and Discuss	on 21.3
Passover Vacat	on 28.3
Passover Vacat	on 4.4
Analysis Individual Progress Update and Discuss	on 11.4
Independence I	ay 18.4
Analyses Individual Progress Update and Discuss	on 25.4
-3 Slides) Group Present Data Analytic Strate	gy 2.5

Rework Data Analyses	Individual	Progress Update and Discussion	9.5
Plan Discussion Section	Individual	Progress Update and Discussion	16.5
Write Discussion Section	Individual	Progress Update and Discussion	23.5
Finish Data Analyses	Indi????vidual	Progress Update and Discussion	30.5
Present: Final Product (15-20 slides)	Group	Presentation of Projects	6.6
Present: Final Product (15-20 slides)	Group	Presentation of Projects	13.6
Present: Final Product (15-20 slides)	Group	Presentation of Projects	20.6
Submit: Final Paper (10-15 pages)			1.7

## **Sample Projects:**

- Enhanced Attunement following Exclusion?: Research seems to suggest that social exclusion leads to greater attunement in the processing of social signals. Is that true also with respect to processing "true" and "false" compliments? Need good computer skills, work in the lab or on the internet.
- Reaction to Exclusion and Over-inclusion: Shy and socially anxious individuals often feel more pain when excluded. The present project will examine subjective, physiological, and acoustic aspects of reaction to exclusion and over-inclusion. Join an existing project or develop a new task. Need good computer skills, work in the lab or on the internet.
- Memories of Pride and Attachment: Do socially anxious individuals have impaired experiences of all positive emotions? Are these experiences less significant to them than to individuals who are less socially anxious? Join an exciting project that will be run on the internet. The analytic stage may include content analysis. Can be done from home.

דרישות קדם:	
חובות / דרישות / מטלות**:	
מרכיבי הציון הסופי:	
ביבליוגרפיה:	

Aderka\*, I.M., Haker, A., Marom, M. Hermesh, H. & **Gilboa-Schechtman E**., (2012) Information Seeking Bias in Social Anxiety Disorder. *Journal of Abnormal Psycholog*, 122 (7), 7-12

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שם הקורס באנגלית:

מטרות הקורס / תוצרי הלמידה\*: