Bar-Ilan University
אוניברסיטת בר-אילן

Faculty of Social Sciences
Department of Psychology

הפקולטה למדעי החברה
המחלקה לפסיכולוגיה

שם המרצה: פרופ' גלבוע איווה

שם הקורס: פרקטיקום בפסיכופתולוגיה

קוד קורס: 60-425-01

סוג הקורס: פרקטיקום

שנת לימודים: תשע"ט   סמסטר: שנתי   היקף שעות: 4 ש"ש.

א.   מטרות הקורס:

The primary goal of the course is to provide participants with first-hand knowledge of the development, implementation, and write-up of an independent research project. This year we will examine the relationship between social anxiety and affective, cognitive, and expressive reactions to the experiences of change in social status.

Social Anxiety Disorder (SAD) is characterized by "a marked and persistent fear of one or more social or performance situations in which the person is exposed to unfamiliar people or possible scrutiny by others" (DSM-IV). Socially anxious individuals are agonized by the potential risk of performing inadequately or showing overt signs of nervousness with resultant embarrassment or humiliation. Cognitive theories of social anxiety highlight the importance of viewing oneself from an observer's perspective ("social objectification") as the core of the disorder (e.g., Clark McManus, 2002; Rapee & Heimberg, 1997). At a clinical level, social anxiety has deleterious impact on individuals' subjective well-being as well their interpersonal lives (Alden & Taylor, 2004

ב.   תיאור הקורס:

In the present course we will explore the links between social anxiety and basic cognitive and social processes using a variety of approaches.   Each of you is invited to join one of the projects listed below or to come up with the own project in this general area. The final "product" of this course a scientific paper (in APA style) describing the theory, methodology, results and discussion of your research idea. The proposal will (1) review the relevant literature (2) propose a specific and testable research question; (3) explain why the research question is important and why the results of the research are significant for the advancement of knowledge in the field and (4) describe the methods used to address this question; (5) present the results of your findings using statistical methods; and (6) present a discussion about the implications and limitations of your findings.

Meetings Schedule

Date	Activity	Format	Goals and Assignments
17.10	Introductory Meeting	**Group**	
24.10	Social exclusion and Social Anxiety	**Group**	Read Papers
31.10	Processing of Shame	**Group**	Read Papers
7.11	On-line Studies	**Group**	Read Papers
14.11	Selection of project topic	Individual	Select Topic
21.11	Selection of project topic	Individual	Identify core papers
28.11	Progress Update and Discussion	Individual	**Submit: Topic of interest (1 page)**
5.12	Progress Update and Discussion	Individual	Formulate Hypotheses
12.12	Progress Update and Discussion	Individual	Finalize Methods and Materials
19.12	Running the study: Checklist	**Group**	Write Hypotheses, Methods, and Materials
26.12	Progress Update and Discussion	Individual	Prepare for Running the Experiment
9.1	Progress Update and Discussion	**Group**	**Present: Rationale & Design (10-12 slides)**
16.1	Progress Update and Discussion	**Group**	**Present: Rationale & Design (10-12 slides)**
23.1	Semester Break		**Submit: Introduction and method (7-10 pages)**
30.1	Semester Break		
6.2	Semester Break		
13.2	Semester Break		
20.2	Semester Break		
27.2	Update on project progress	**Group**	**Present: Update on Project Progress (2-**

			3 slides)
6.3	Progress Update and Discussion	Individual	Data collection
13.3	Progress Update and Discussion	Individual	Data Collection Completed
20.3	Purim Vacation	------	
27.3	Progress Update and Discussion	Individual	Plan Data Analysis
3.4	Progress Update and Discussion	Individual	Plan Data Analysis
10.4	Progress Update and Discussion	Individual	Finish Data Analyses
17.4	Passover		
24.4	Passover		
1.5	Present Data Analytic Strategy	**Group**	**Present: Data Analyses (2-3 Slides)**
8.5	Memorial Day	------------	
15.5	Progress Update and Discussion	Individual	Plan Discussion Section
22.5	Progress Update and Discussion	Individual	Write Discussion Section
29.5	Progress Update and Discussion	Individual	Finish Data Analyses
5.6	Progress Update and Discussion	Individual	Prepare Presentations
12.6	Presentation of Projects	**Group**	**Present: Final Product (15-20 slides)**
19.6	Presentation of Projects	**Group**	**Present: Final Product (15-20 slides)**
15.8			**Submit: Final Paper (10-15 pages)**

Sample Projects:

1. <u>*Enhanced Attunement following Exclusion?*</u>*: Research seems to suggest that social exclusion leads to greater attunement in the processing of social signals. Is that true also with respect to processing "true" and "false" compliments? Need good computer skills, work in the lab or on the internet.*

2. <u>*Reaction to Exclusion and Over-inclusion:*</u> *Shy and socially anxious individuals often feel more pain when excluded. The present project will examine subjective, physiological, and acoustic aspects of reaction to exclusion and over-inclusion. Join an existing project or develop a new task. Need good computer skills, work in the lab or on the internet.*

3. <u>*Memories of Pride and Attachment:*</u> *Do socially anxious individuals have impaired experiences of all positive emotions? Are these experiences less significant to them than to individuals who are less socially anxious? Join an exciting project that will be run on the internet. The analytic stage may include content analysis. Can be done from home.*

ג. דרישות קדם: אין.

ד. חובות / דרישות / מטלות:

valuation for Semesters 1 & 2	% of Grade	Deadline
Attendance, participation, contributions	15	All year
Presentation of Project Design	15	See schedule
Write-up: Intro, Method, hypotheses	15	See schedule
Presentation of Project Results	15	See schedule
Final Project Paper	40	See schedule

ה. מרכיבי הציון הסופי :

NOTE: For *every day of delay* in submission of any of the projects (i.e., project design, results, draft, final paper) <u>2 points</u> will be deducted from the grade of the appropriate assignment.

***ראו משקל ציון בטבלה בסעיף הקודם.

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ו. רשימת קריאה:

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