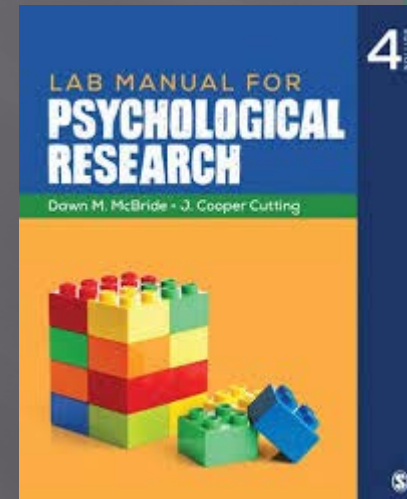


# Clinical Program 2020

## Bar Ilan University



# The Mission

- ▣ Effectively assessing and treating people coping with a variety of problems and challenges
- ▣ Generating new knowledge about the human condition that would be part of the world-wide professional community

# The Method

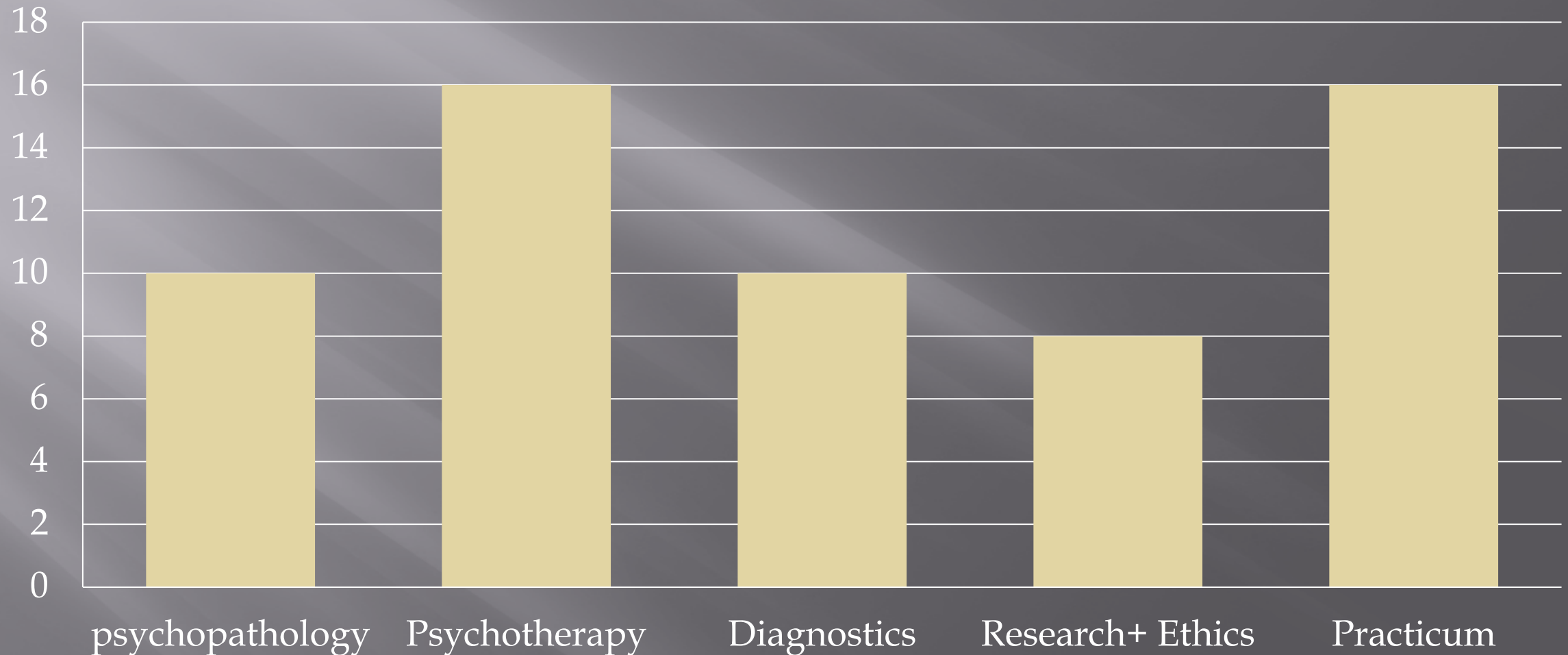
- ▣ Extensive clinical training
- ▣ Skill-based learning
- ▣ Hands-on research training
- ▣ Critical approach to empirical and clinical dilemmas
- ▣ Comprehensive coverage of diverse treatment approaches
- ▣ Pluralistic dialogue regarding major theoretical controversies



# Unique Training Approach

- ▣ Intensive training
  - (almost) twice as many hours as requested by the professional committees
- ▣ In-house Clinic
  - Close, intensive supervision by experts in the field
  - Research-based clinics
  - Innovative, state of the art-approaches
- ▣ Small groups
  - 7 students in in-house practica
  - 15 student in electives
  - 20 students in core courses
- Emphasizing breadth
  - From health to sickness
  - From infancy to geriatrics
  - From brain to narratives
- Emphasizing Diversity in Approaches
  - Dynamic
  - CBT
  - Family/System
  - Integrative
- Emphasizing Flexible Specialization
  - Creating your own unique mix

# The Training Program (bird's eye view)



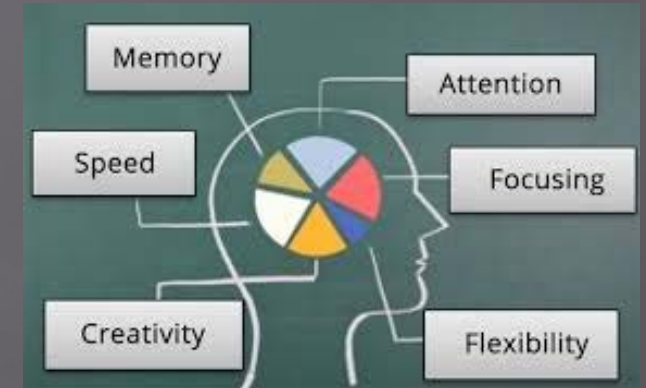
# Psychopathology

## ▣ Required (core) courses

- ▣ Adult Disorders
- ▣ Disorders of Childhood and Adolescence
- ▣ Neuropsychological Disorders

## ▣ Electives (2 out of 6)

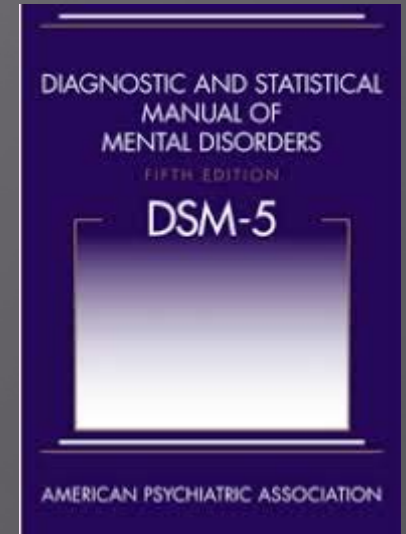
- ▣ Infancy and Early Childhood Disorders
- ▣ Attention Disorders
- ▣ Autism
- ▣ Topics in Trauma
- ▣ Personality Pathology
- ▣ Psychological sequelae of disability and chronic illness



# Diagnostics

## ▣ Required (core) courses

- ▣ Clinical Interview
- ▣ Neurocognitive and neuropsychological assessment – Adult
- ▣ Neurocognitive and neuropsychological assessment – Child
- ▣ Personality
- ▣ Diagnostic Integration (yearly)





# Psychotherapy

- ▣ Required (core) courses

- ▣ Dynamic Psychotherapy (yearly)
- ▣ Cognitive Behavioral Treatment (CBT, yearly)
- ▣ Systems and Family Therapy
- ▣ Integrative Psychotherapy

- ▣ Electives (2 out of 6)

- ▣ Schema Therapy
- ▣ Couples Therapy
- ▣ Therapy for Adolescence
- ▣ Therapy for Children
- ▣ Treatment of Serious Mental Illness
- ▣ From Object-Relationships to Inter-Subjectivity
- ▣ Psychopharmacology





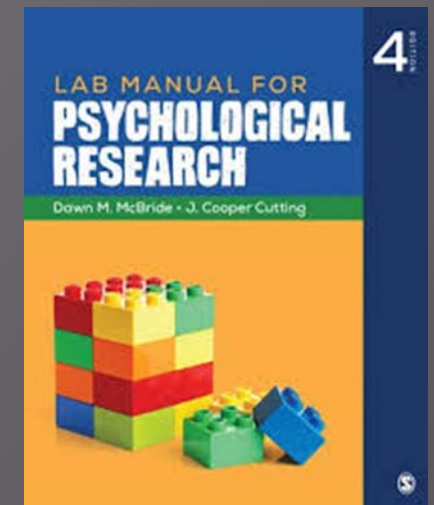
# Research

## ▣ Required (core) courses

- ▣ Ethics
- ▣ General Introduction to Statistics
- ▣ Research Advancement Course

## ▣ Electives (1 out of 3)

- ▣ Qualitative Research Methods
- ▣ Quantitative Research Methods – Advanced
- ▣ Expert Guidance in Qualitative Research Methods



# Clinical Practica

- ▣ Required (core) courses
  - ▣ Dynamic Practica (Year 1, Yearly)
  - ▣ Advanced Practica (Year 2, 1 our of 6; Yearly)
    - Child Psychodynamic
    - Child Cognitive
    - Child Integrative
    - Adult Schema
    - Adult CBT
    - Adult Integrative
  - ▣ Outside Practica (Year 2, 2 days a week)
    - Multiple sites, multiple approaches



# Who benefits most from our program?

- ▣ People who like diversity of ideas
- ▣ People who enjoy and value research
- ▣ People who are ready to invest 50 hours a week for 24 months
- ▣ People who find our research labs exciting



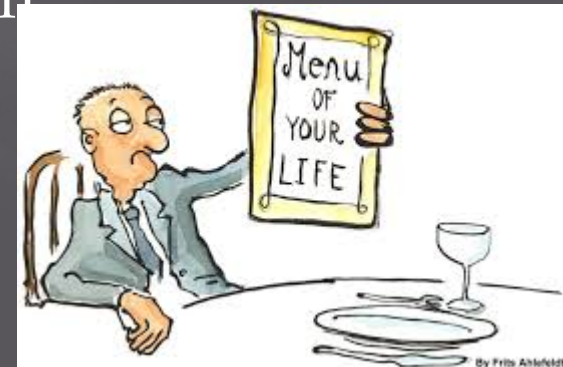
# The Admission Process

- ▣ Forms
- ▣ Group interview
- ▣ Clinical-abilities assessment interview
- ▣ Research-interest matching interview



# A PhD or a Masters?

- ▣ Masters if
  - you are planning on doing mostly clinical work after graduation
  - you want to reach financial independence sooner rather than later
  
- ▣ PhD if
  - you have a passion for research
  - you have a specific professional goal (academia, expert clinic etc)
  - you found a lab/advisor with whom you work well together
  - you want to spend the next 6 years working on your research



# A PhD or a Masters?

## ACADEMIA

PRO

YOU CAN WORK WHENEVER  
YOU WANT! EVERY DAY  
IS A SATURDAY!



CON

YOU WORK ON SATURDAYS.



JORGE CHAM © 2017

[WWW.PHDCOMICS.COM](http://WWW.PHDCOMICS.COM)



# The Total Professional Journey

- ▣ MA – 2 years (frequently 3+ years)
- ▣ Internship 4+ years (half-time)
- ▣ Licensing exam (1 year post internship)



## Time for licensure:

MA: 7– 9 years

PhD: 8-10 years



GOAL



