

שם המרצה: פרופ' איווה גלבוז

שם הקורס: פרקטיקום קליני ב'

קוד קורס: 60-833-02

סוג הקורס: הרצאה

שנת לימודים: תשע"ט סמסטר: שנתי היקף שעות: 4 ש"ס.

א. מטרת הקורס:

This practicum is designed to assist you to develop your skills and vision as an emerging clinician and to gain clinical experience with interventions based on the principles and practices of evidence-based treatments in general, and CBT in particular. For each patient, we will formulate a case conceptualization and a treatment plan. The treatment will be guided by this plan, which may be revised as needed. In-class activities, in addition to clinical discussions, will include case presentations, theoretical discussion, and therapy simulations. An important objective of the course is to encourage you to think critically about your clinical work, and to develop a range of clinical intervention skills. Another important objective is to encourage you to seek relevant empirical information about your interventions.

ב. תיאור הקורס:

The course includes weekly group meeting and bi-weekly individual supervision.

ג. דרישות קדם: אין

ד. חובות / דרישות / מטלות:

- Class participation and attendance - Participation in group meeting is mandatory. If you are unable to attend a particular meeting – either due to illness or other personal reasons -- please contact me directly. Do not leave a message with your classmates

- Intake reports and treatment summaries -- You are required to abide by the clinic's protocol, and submit intake summaries within 3 weeks of the last intake meeting. You are also required to submit treatment summary within 3 week of the last treatment session. For "non-starter" patients, you are required to submit the final letter within 2 weeks following the last contact

ה. מרכיבי הציון הסופי: -

1. רשימת קריאה:

Beck, J. D. (1995). *Cognitive Therapy: Basics and Beyond*. New York: Guilford Press. Chapter 2: Cognitive Conceptualization

Barlow, D. H. (2001). *Clinical handbook of psychological disorders*. (3rd edition). New York: Guilford Press

Goldfried, M. R., & Davison, G. C. (1994) *Clinical behavior therapy*. Expanded edition. New York: Wiley (paperback)

Donohue, Cumming & Cummings (2006). *Clinical Strategies for Becoming a Master Psychotherapist*. Elsevier. New York

Clark, D.M. & Faiburn, C.G (2005). *The science and practice of Cognitive Behavioral Therapy*

Marom, S. Gilboa-Schechtman E., Mor, N., & Mayers, J. (2011) *Cognitive behavioral therapy for adults: An integrative approach*. Probook, Israel (in Hebrew, "The Blue Book")

Mor, N., Mayers, J. Marom, S. & Gilboa-Schechtman E., (2011) *Cognitive behavioral therapy for children and adolescents: An integrative approach*. Probook, Israel (in Hebrew)